



# NAPA INSTITUTE™

**In the Footsteps of St. Dominic**  
**A Napa Institute Experience with the Dominican House of Studies**  
**Spain & France**  
**October 5 - 14, 2019**

## **Accommodations**

**Burgos, October 6-8:** As we start our journey in Spain, we will be staying at the [Palacio de Burgos](#), in the heart of the city, just a short walk from the Cathedral. The Palacio served as a cloister, a military hospital, and a Jesuit college, before being converted into a 4-star hotel.

**Lourdes, October 8 – 10:** Our two day stay in Lourdes will be at the [Grand Hotel Moderne](#). This 4-star hotel is centrally located and within walking distance of the shrine.

**Toulouse, October 10 – 14:** We will spend the final part of the trip at the elegant [La Cour des Consuls Hotel and Spa](#), located in Old Toulouse.

(\*All hotels are subject to final confirmation.)

## **Meals**

**Breakfast:** Breakfast is included in the room rates at each hotel. This will be the only meal of the day that is not shared as a group.

**Lunch and Dinner:** All meals are included as part of the tour, and lunches and dinners are taken as a group to foster a sense of community and encourage camaraderie. For the same reasons, each evening there will be either a brief reception before dinner, or opportunity for an after-dinner drink with fellow travelers.

Individual restaurants are still being researched for each city. We will provide interesting and unique venues and restaurants so that guests can experience the best cuisine the region has to offer.

## **Principal Tour Leader and Chaplain**

Fr. Langlois, O.P. will serve as the principal tour leader and chaplain. Fr. Langlois is the President of the Pontifical Faculty at the Dominican House of Studies in Washington, D.C. and Assistant Professor of Church History. A second Dominican priest will join us as assistant chaplain.



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## Itinerary

*Please note that the schedule is tentative and subject to change.*

### **Saturday, October 5**

Guests depart U.S. on overnight flights to Madrid.

### **Burgos**

### **Sunday, October 6 – Arrival**

Transfers from the airport will be arranged for you to a hotel in Madrid, where the group will meet for lunch. From there, we will depart for Burgos. In the evening, there will be a tour and Mass at the Burgos Cathedral, followed by a welcome dinner.

### **Monday, October 7 – Caleruega/Santo Domingo de Silos**

After a leisurely morning to allow guests to recover from their flights or stroll the streets of Burgos, we will begin our pilgrimage in the town of Caleruega, the birthplace of St. Dominic. Here we will celebrate Mass and tour the Dominican convent, which was built on the site of the house where St. Dominic was born. After lunch, we will continue on to the Benedictine Abbey of Santo Domingo de Silos, where St. Dominic's mother made a pilgrimage during her pregnancy. After a guided tour, the group will attend Vespers and experience the beautiful Gregorian Chant for which the monks of this abbey have become widely known.

### **Lourdes**

### **Tuesday, October 8 – San Sebastian/Lourdes**

In the late morning, we will depart for Lourdes, stopping in the beautiful beachside town of San Sebastian for lunch. After checking into our hotel, we will celebrate an evening Mass in Lourdes, followed by dinner.

### **Wednesday, October 9 - Lourdes**

We will begin the day at the grotto where Our Lady appeared to St. Bernadette, and have time for silent prayer and reflection. After Mass, we will visit Boly Mill, where Bernadette was born, and the "Cachot," - the former prison where her family lived in poverty. In the afternoon, the group will have the opportunity for confession and to say the stations of the cross as well as participate in the



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Eucharistic Procession that takes place each day, starting in the Prairie of the Sanctuary and finishing in the Basilica of Saint Pius X. In the evening there will be the option to join the Torchlight Procession with pilgrims from around the world.

## Toulouse

### **Thursday, October 10 – Toulouse**

Today we will travel on to Toulouse for the last portion of our trip. After lunch and some time for guests to settle into the hotel, the group will rejoin in the afternoon for Mass and a guided tour of the Basilica of St. Sernin, a pilgrimage church from medieval times and a UNESCO World Heritage Site. We'll have a guided walking tour so that guests can orient themselves to the city, followed by free time to explore before dinner.

### **Friday, October 11 – Toulouse**

To begin the day, we will visit the Jacobins Monastery, the ancient priory of the Dominicans, which was built in 1229, 14 years after St. Dominic founded the order in Toulouse. The monastery, which is now a museum, also houses the relics of St. Thomas Aquinas. After Mass and lunch with the Dominicans at the current priory in Toulouse, we will visit Maison de Pierre Seilhan, the house where St. Dominic founded the order and where the first community of brothers lived. In the late afternoon we will visit the magnificent Cathedral of Toulouse.

### **Saturday, October 12 - Rocamadour**

When speaking of Rocamadour, St. John Paul II said, "There are places that God chooses so that in them men may experience His presence and grace. The Sanctuary of Our Lady of Rocamadour seems to be one of these places. The Sanctuary of Our Lady of Rocamadour is not simply a place that we visit but a place where we are visited by the Virgin Mary. She transforms lives, fills them with the love of God, performs miracles."

We will spend the day at the Marian shrine of Rocamadour, which pilgrims have been visiting for over a thousand years. Of special note are the Notre-Dame chapel, housing the Black Virgin, the Grand Staircase, and the stations of the cross. In addition to the celebration of Mass at the shrine, there will be opportunities for both adoration and confession.

### **Sunday, October 13 – Fanjeaux/Prouille/Carcassone**

We will begin the last day of our pilgrimage in the small towns of Fanjeaux and Prouille, where St. Dominic converted many followers of the Catharism heresy and founded the Notre-Dame-de-



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Prouille Monastery for nuns. After visiting the house where St. Dominic lived in Fanjeaux, we will celebrate Mass at the monastery.

After Mass, we will continue on to the fortified town of Carcassone, a UNESCO World Heritage site, for lunch. In the afternoon, we'll return to Toulouse for free time and our farewell dinner.

**Monday, October 14 - Departure**

Guests will depart Toulouse for flights back to the U.S. Transfers to the airport will be arranged.